

# Spell Your Name Exercise

Performance Task Rubric



## The Performance

@sharpsnflatsed



CRITERIA	Proficient	Approaching Proficiency	Developing	Beginning
<b>MOVEMENT EXERCISES</b>	Performs all the assigned movement exercises for the letters of his/her name	Performs more than 50% of the assigned movement exercises for the letters of his/her name	Performs 50% of the assigned movement exercises for the letters of his/her name	Performs less than 50% of the assigned movement exercises for the letters of his/her name
<b>REPETITIONS</b>	Performs all movement exercises with accurate repetitions	Performs most movement exercises with accurate repetitions	Performs most movement exercises with less accurate repetitions	Performs some of the movement exercises with limited accurate repetitions
<b>ARM POSITION</b>	Demonstrates all the correct arm position -arms up -arms on hips -arms opposite the foot -hands directly under their shoulder	Demonstrates 3 of the correct arm position -arms up -arms on hips -arms opposite the foot -hands directly under their shoulder	Demonstrates 2 of the correct arm position -arms up -arms on hips -arms opposite the foot -hands directly under their shoulder	Demonstrates 1 of the correct arm position -arms up -arms on hips -arms opposite the foot -hands directly under their shoulder
<b>FEET POSITION</b>	Demonstrates all correct feet positions (feet apart, feet together, feet on opposite position) in the movement exercises	Demonstrates two correct feet positions (feet apart, feet together, feet on opposite position) in the movement exercises	Demonstrates acceptable feet positions (feet apart, feet together, feet on opposite position) in the movement exercises	Demonstrates limited acceptable feet positions (feet apart, feet together, feet on opposite position) in the movement exercises